



**Public Health**  
Prevent. Promote. Protect.

Grundy County Public Health

# 2021 Grundy County, Iowa Community Health Needs Assessment and Health Improvement Plan



Revised February 2022

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# Executive Summary

The purpose of the Community Health Needs Assessment (CHNA) is to identify the most important factors impacting health in the community and to develop strategies that build on existing strengths and address opportunities for improvement. The CHNA and Health Improvement Plan (HIP) inform statewide planning with the goal of health improvement for all Iowans.

## Methods

The Grundy County Public Health (GCPH) CHNA consisted of four types of data collection: a quantitative data review of the health factors in Grundy County, focus groups and key informant interviews consisting of community members and key stakeholders, and a community survey. Local data comparisons were made through the use of existing data.

Six virtual focus groups and key informant interviews were held to gather input from the following organizations; Grundy County Board of Supervisors, Grundy County Community Partners Group, Grundy County School Districts, Grundy County Memorial Hospital, Grundy County Law Enforcement, and the Grundy Center Wellness Committee.

The CHNA process and digital community survey was announced and launched via local new papers, the county website, all of GCPH's social media platforms, and a variety of local community email distribution lists. The survey was also available at GCPH in a paper format, could be mailed to community members if needed, and GCPH staff was available if a telephone survey was needed by a community member. The survey was available for 30 days and received 89 responses (digital and paper).



Grundy County COVID-19 Vaccine Clinic.

# Executive Summary

## Summary of Findings

The results of the CHNA were categorized into themes which identified the health needs and challenges in the community. The key themes are:



**Mental Health**



**Barriers to Care**



**Emergency Planning, Response and Communication**



**Promoting Healthy Living**



**Communication and awareness**



**Partnerships and Collaboration**



**Mental Health**

The need for improved mental health, well-being, and awareness of mental health services emerged as a strong theme. Results from the community survey, focus groups, and key informant interviews identified mental health as a service that should be considered a priority for promoting healthy living in Grundy County. The results highlighted a need to improve mental health in Grundy County by developing strategies that focus on education and awareness.



**Barriers to Care**

Several challenges related to accessing health services in Grundy County were discussed in the focus groups and identified on the community survey. Almost 60% of survey respondents identified access to health services as an area that should be considered a priority for strengthening health infrastructure in Grundy County. By working with community partners to increase awareness of services and reduce barriers, it is possible to decrease health inequities in the community, at an individual and community level.

# Executive Summary



## Emergency Planning, Response and Communication

Survey respondents and focus group participants identified emergency planning, emergency response, and communication as an area that should be considered a priority for Grundy County. This will ensure better preparation, response, and recovery from public health emergencies in Grundy County.



## Promoting Healthy Living

Survey respondents and focus group participants saw health promotion, prevention of disease, and epidemics as a priority for Grundy County. Focus group respondents expressed an interest in seeing more health promotion and education initiatives related to outdoor physical activity availability, healthy eating, and making the healthy choice the easy choice.



## Communication and awareness

Focus group participants discussed general awareness of services and programs offered in the community. Stating that many residents remain unaware of what is offered in the county. Highlighting the need to make these services and programs more visible in the community.



## Partnerships and Collaboration

Focus group participants identified many ways community partners are already working together for the greater good of Grundy County. These partnerships and collaborations are strengths of the community that can continue to be built out.

# Executive Summary

## The Impact of COVID-19

Due to the ongoing management of the COVID-19 pandemic and response, local public health departments were granted two extensions for completing the CHNA and HIP by the Iowa Department of Public Health (IDPH). Local public health departments across Iowa prioritized the COVID-19 pandemic and response which meant that many other public health services were put on hold or stopped completely to manage the pandemic.

GCPH is a staff of two and consists of a Program Coordinator and Office Coordinator. In order to complete the CHNA and HIP, GCPH enlisted the assistance of three online Masters in Public Health (MPH) students to assist with CHNA. An online Doctorate in Public Health (DrPH) student was enlisted to precept the students, oversee the CHNA, and develop the HIP in partnership with GCPH. All students were from the University of Nebraska Medical Center (UNMC), College of Public Health. By having a DrPH student oversee the CHNA and HIP, GCPH was able to prioritize their time appropriately to the COVID-19 pandemic and response.

Continued on next page.



Left: CGPH Program Coordinator, Katie Thornton-Lang (right), presents a check to Joy Gruber (left), winner of the GCPH's COVID-19 vaccine incentive program.



Right: Staff of the Grundy County Memorial Hospital host a COVID-19 vaccine clinic at Felix Grundy Festival.

# Executive Summary

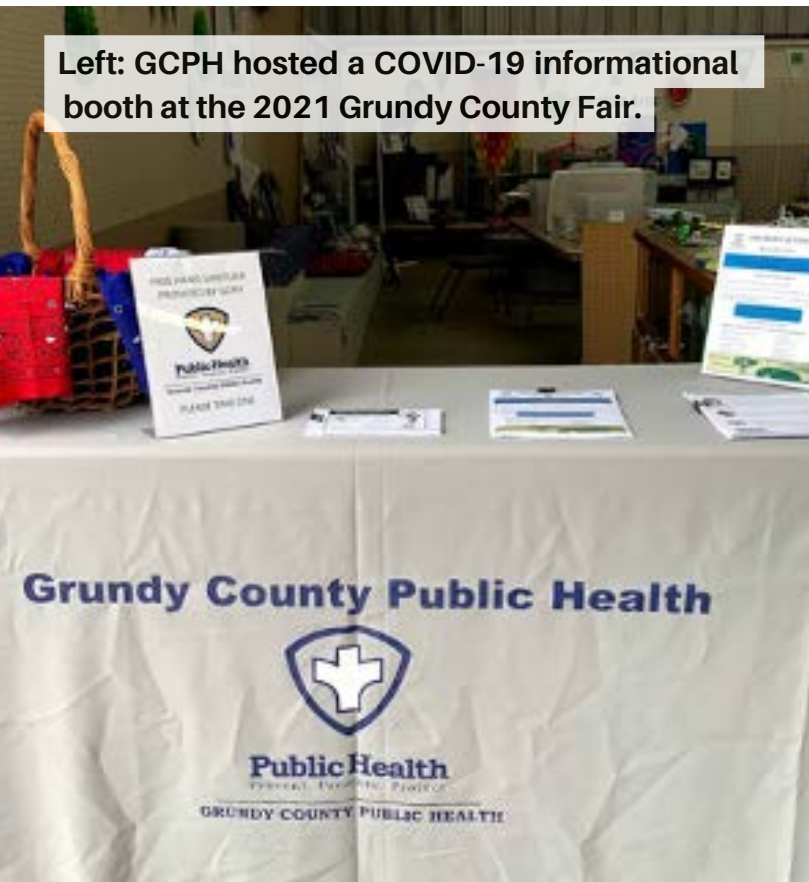
It should be noted that the COVID-19 pandemic impacted the implementation of the CHNA in many ways and adaptations had to be made. Much of the work was done virtually as gathering in person was not recommended. This made obtaining input from community members challenging and key stakeholders work was also prioritized to the pandemic, limiting their availability and involvement in the CHNA.

Despite these challenges, GCPH was able to complete the CHNA and HIP with the assistance of public health students. The students began their work in May of 2021 and the CHNA and HIP was completed in December of 2021. This experience served as a learning opportunity for the students and also allowed GCPH to prioritize the pandemic appropriately.

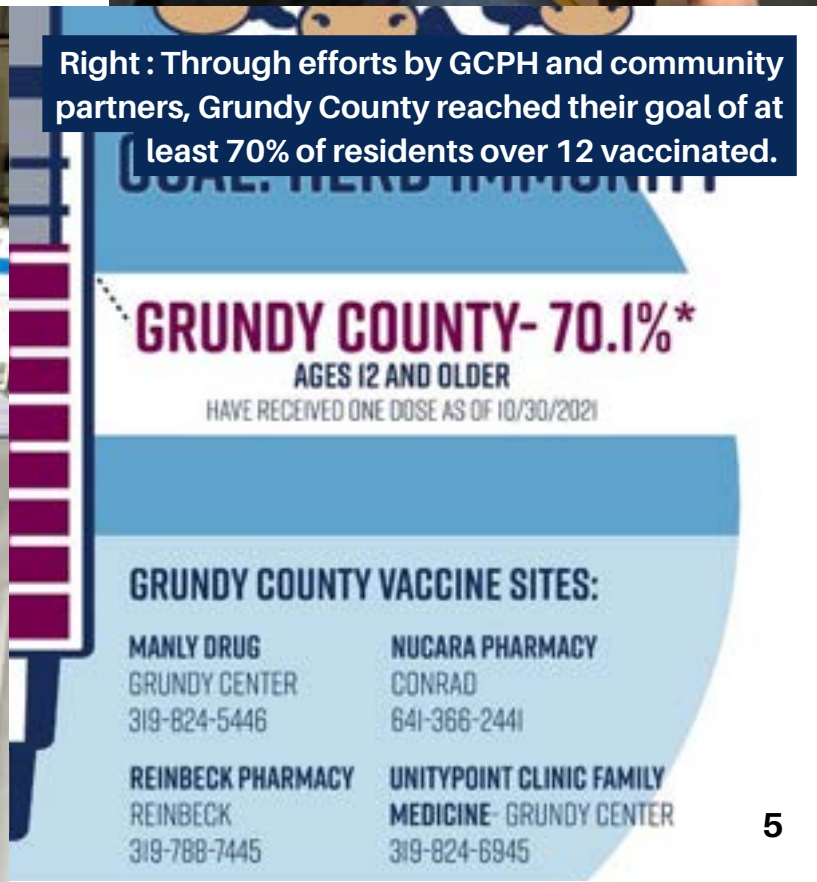
Dave Stefl of Manly Drug Store in Grudy Center administers a COVID-19 vaccine.



Left: GCPH hosted a COVID-19 informational booth at the 2021 Grundy County Fair.



Right : Through efforts by GCPH and community partners, Grundy County reached their goal of at least 70% of residents over 12 vaccinated.



# Executive Summary

## Health Improvement Plan

The Health Improvement Plan (HIP) outlined on pages 13-18 was developed as a result of the needs identified on the Community Health Needs Assessment and responses from the focus groups and key informant interviews. The HIP addresses mental health, access to healthcare, emergency planning, response, and communication, and obesity, nutrition, and physical activity.



## Conclusion

The results of the CHNA identified existing and new areas of health needs in Grundy County. The HIP will play an important role over the next five years working to improve the health of the residents of Grundy County. Some of the themes identified and resulting strategies are in alignment with other local agencies who share a vision of protecting and improving the health of the community.

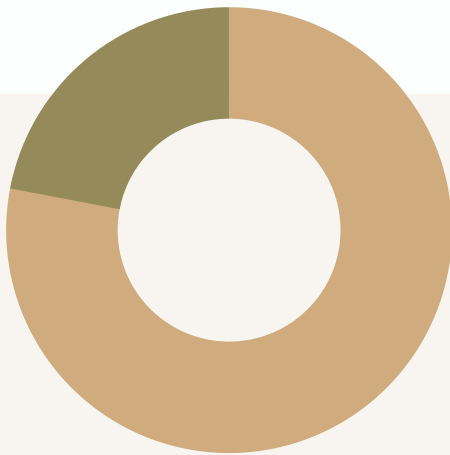




# Community Health Needs Assessment

## Priority 1: Mental Health

Approximately 79% of respondents who completed the 2021 Grundy County Community Health Needs Assessment (GC-CHNA) Survey identified mental health as a “service that should be considered a priority for promoting healthy living in Grundy County.” Six focus groups and key informant interviews were held in Grundy County in 2021 and all identified mental health as a top priority for our county.



**Approximately 79% of respondents identified mental health as a priority.**



According to the National Alliance on Mental Illness (NAMI) one in five adults or approximately 600,000 Iowans live with some form of mental illness. About 37,000 Iowans struggle with serious mental illness daily. According to ACEs (Adverse Childhood Experiences) 360 Iowa 2020 report, “we must consider the correlation between childhood trauma and mental health outcomes in adulthood.” According to this report, Iowa data shows a strong link between ACEs and experiencing anxiety and/or depression later in life.

# Community Health Needs Assessment

According to the County Health Rankings and Roadmaps (2020) the ratio of population to mental health providers in Grundy County is 2,450:1, state rate is 610:1, and U.S. Top Performers is 270:1. The number of deaths due to suicide per 100,000 population (age-adjusted) from 2015-2019 in Grundy County was 10 with a county value of 16 per 100,000 (County Health Rankings and Roadmaps). According to the County Health Rankings and Roadmaps (2018) Grundy County residents reported an average of 3.4 mentally unhealthy days in the past 30 days (age-adjusted). Although Grundy County fares better than the state rate and other counties, mental health is still an area of focus. 11% of adults in Grundy County reported frequent mental distress with 14 or more days of poor mental health per month (age-adjusted) according to the 2018 County Health Rankings which was the same compared to the state rate. Healthy People 2030 identified mental health as area of improvement and Healthy Iowans: Iowa's Health Improvement Plan 2017-2021 also identified mental health as an area of focus.

Approximately 43% of respondents who completed the 2021 Grundy County Community Health Needs Assessment (GC-CHNA) Survey identified violent and abusive behavior as a "service that should be considered a priority for preventing injuries in Grundy County." According to the 2021 County Health Rankings and Roadmaps (data used from 2014 and 2016) Grundy County reported an annual average of 12 violent crimes per year with a rate of 97 per 100,000. Grundy County is getting worse for the measure of violent crimes compared to recent years.



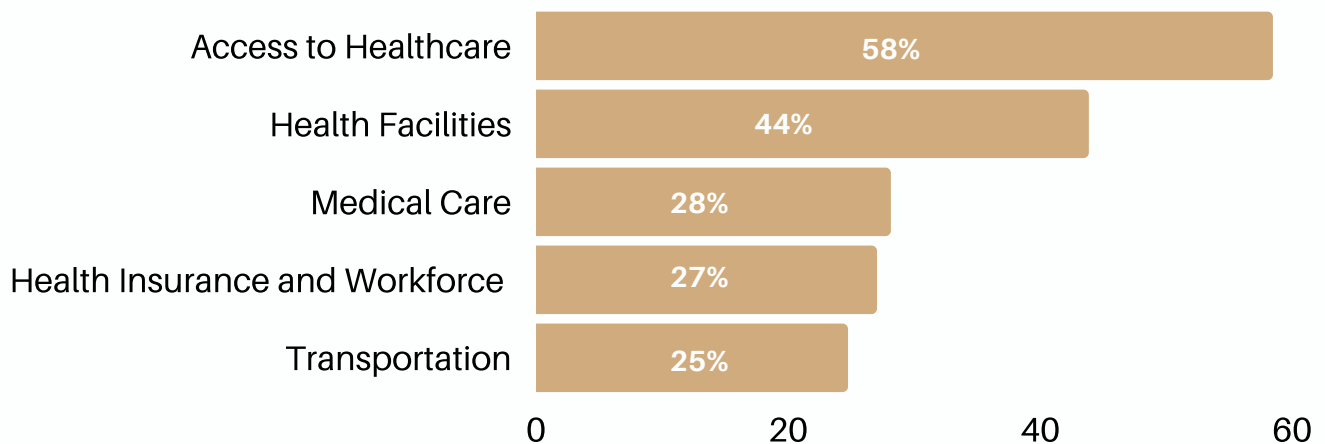
# Community Health Needs Assessment

## Priority 2: Health and Support Services

Approximately 59% of respondents who completed the 2021 Grundy County Community Health Needs Assessment (GC-CHNA) Survey identified access to health services as a “service that should be considered a priority for strengthening health infrastructure in Grundy County.” 44% identified health facilities as a priority, 28% identified medical care as a priority, 27% identified health insurance and workforce as a priority, and 25% identified transportation as a priority.

Six focus groups and key informant interviews were held in Grundy County in 2021 and identified the following health service needs: healthcare for the elderly, affordable and accessible transportation, dental and eye care access among others. Healthy People 2030 identified health care access and quality as a goal. Healthy Iowans: Iowa’s Health Improvement Plan 2017-2021 also identified health system improvement as a need.

### Percentage of Respondents Who Rated the Following Health and Support Services as a Priority in Grundy County



# Community Health Needs Assessment

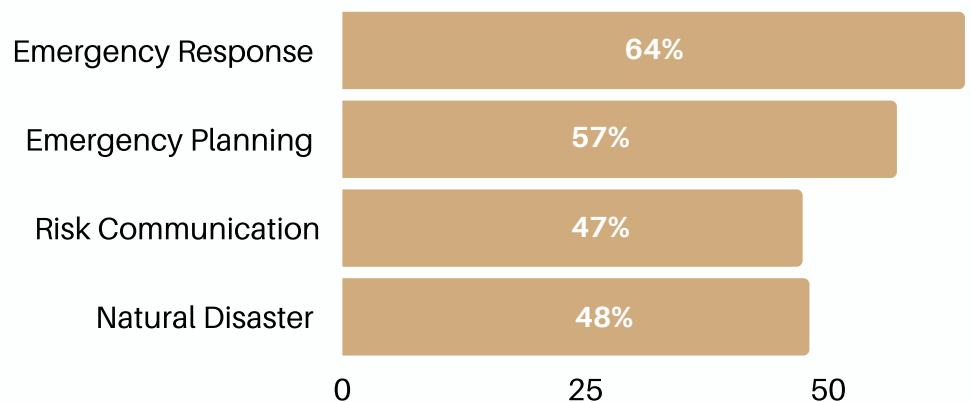
## Priority 3: Emergency Planning, Response, and Communication

Approximately 64% of respondents who completed the 2021 Grundy County Community Health Needs Assessment (GC-CHNA) Survey identified emergency response as a “service that should be considered a priority for responding and recovering from public health emergencies in Grundy County.” 57% identified emergency planning as a need, 47% identified risk communication (communication before, during, and after a crisis) as a need, and 48% identified natural disaster response and recovery as a need. Healthy People 2030 identified emergency preparedness as a goal. Healthy Iowans: Iowa’s Health Improvement Plan 2017-2021 also identified disaster preparedness as a goal.



Staff of the Grundy County Memorial Hospital host a COVID-19 vaccine clinic at the 2021 Grundy County Fair.

### Percentage of Respondents Who Rated the Following Emergency Planning, Response, and Communication Services as a Priority in Grundy County



# Community Health Needs Assessment

## Priority 4: Obesity, Nutrition, and Physical Activity

Approximately 33% of respondents who completed the 2021 Grundy County Community Health Needs Assessment (GC-CHNA) Survey identified physical activity as “a service that should be considered a priority for promoting healthy living in Grundy County.” 9% of respondents identified nutrition as a priority to promote healthy living. Six focus groups and key informant interviews were held in Grundy County in 2021 and identified the following priorities for promoting healthy living in Grundy County: outdoor space for physical activity, chronic disease prevention, education for wellness activities in the community, and physical activity promotion.

According to the County Health Rankings and Roadmaps, Grundy County is getting worse for adult obesity with a 34% adult obesity rate in 2017, this mirrors the state rate. Meaning, 34% of adults (age 20 or older) reported a body mass index (BMI) greater than or equal to 30. According to the IDPH, Bureau of Nutrition and Physical Activity, 2019 Obesity Report, Iowa ranked 21/51 in state rankings for adult obesity prevalence rates. In 2019, 34% of non-pregnant adult Iowans were obese based off of BMI. 34% of adult Iowans were overweight for a combined 68.3% of adults who were overweight or have obesity.

According to the Robert Wood Johnson Foundation (2018) the obesity rate among WIC participants age 2-4 in Iowa was 16%. This was the second highest among states in the Midwest and 14th highest among all 50 states. Approximately 17% of youth in Iowa age 10-17 have obesity. This is the fourth highest among states in the Midwest and 18th highest among all 50 states (Robert Wood Johnson Foundation, 2019-2020). Among high school students in Iowa, 17% were obese in 2019. Iowa had the second highest obesity rate among high school students in 2019 compared to states in the Midwest and the 10th highest obesity rate compared to all 50 states (Robert Wood Johnson Foundation, 2019).

According to the County Health Rankings and Roadmaps (2017) 9% of adults ages 20 and above in Grundy County had a diabetes diagnosis compared to the state rate of 10%. Diabetes is an important marker for a number of health behaviors and coincides with nutrition, obesity, and nutrition.

**Continued on next page.**

# Community Health Needs Assessment

According to the 2018 County Health Rankings and Roadmaps, Grundy County had a 7% food insecurity rate (percentage of population who lack adequate access to food) which represents 830 Grundy County residents. The state rate for this measure was 10%. In 2015, Grundy County had a 2% (307 Grundy County residents) rate of limited access to healthy foods, meaning the percentage of the population who are low-income and do not live close to a grocery store. The state rate being 6%. During the 2018-2019 reporting period for the County Health Rankings and Roadmaps, 30% of children enrolled in public schools (PK-12th grade) in Grundy County were eligible for free or reduced-price lunch compared to the state rate of 43%. Although Grundy County fares well compared to the state rate, nutrition is still an area of focus for the county.

The 2017 County Health Ranking and Roadmaps found that 24% of adults age 20 and over in Grundy County reported no leisure-time physical activity (physical inactivity) with the state rate being 23%. According to the County Health Rankings and Roadmaps used in 2010 and 2019, 72% of Grundy County residents reported that they had adequate access to locations for physical activity compared to the state rate of 83%.

Healthy People 2030 identified physical activity, nutrition, healthy eating, and overweight and obesity as a goal to address. Healthy Iowans: Iowa's Health Improvement Plan 2017-2021 also identified healthy living: obesity, nutrition, and physical activity as a goal address.



# Health Improvement Plan: Mental Health

**Goal One: Improve Grundy County residents' mental health, well-being, and awareness of mental health services.**

**Alignment with National Plans:**

Healthy People 2020- Mental Health and Mental Disorders

**Alignment with State/Other Plans:**

Healthy Iowa- Mental Health, Illness, and Mental Disorders:

**Objective 1.1: Decrease the average poor mental health days from 3.4 to 3.0 by 2025**

Baseline Year: 2022

Baseline Value: 3.4

Target Year: 2025

Target Value: 3.0

Data Source and Location: County Health Rankings

**Strategy 1.1-1:** Increase the number of community members trained in Mental Health First Aid.

**Strategy 1.1-2:** Increase the number of law enforcement and EMS trained in Mental Health First Aid.

**Strategy Source and Location:**

Mental Health First Aid

**Strategy Source and Location:**

Mental Health First Aid

**Strategy-Type:** Community-Focus

**Strategy-Type:** Professional-Provider Focus

**Who's Responsible:** Grundy County Community Partners, Grundy Center Wellness Committee

**Who's Responsible:** Grundy County and city law enforcement, County EMS/EMA, Grundy County Community partners

**Target Date:** December 31, 2025

**Target Date:** December 31, 2025

**Strategy 1.1-3:** Promote and educate on existing mental health services.

**Strategy 1.1-4:** Develop and implement a mental health awareness campaign.

**Strategy Source and Location:**

Grundy County Public Health (unpublished)

**Strategy Source and Location:**

Healthy Hometown (Unpublished, website, or social media page in process)

**Strategy-Type:** Community-Focus

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Grundy County Community Partners,

**Who's Responsible:** Grundy County Public Health, Grundy County Community Partners, Grundy Center Wellness Committee

**Target Date:** December 31, 2025

**Target Date:** December 31, 2025

# Health Improvement Plan: Access to Healthcare

## Goal One: Improve access to healthcare and support services for all Grundy County Residents

### Alignment with National Plans:

Healthy People 2030 - Access to Health Services

### Alignment with State/Other Plans:

Healthy Iowans - Health System Improvement

**Objective 1.1: The Grundy County Primary Care Physician ratio of 1 physician per 4,100 population and other primary care providers ratio of 1 other primary care provider per 2,040 population will decrease by 2023.**

Baseline Year: 2022

Baseline Value:  
4,100:1 and 2,040:1

Target Year: 2025

Target Value:  
3,800:1 and 1,740:1

Data Source and Location: County Health Rankings

**Strategy 1.1-1:** Improve and expand access to primary care and specialty care

**Strategy 1.1-2:** Ongoing Promotion of community and support services available in Grundy County

### Strategy Source and Location:

Grundy County Memorial Hospital, UnityPoint Clinic Family Medicine-Conrad, Grundy Center, Reinbeck

### Strategy Source and Location:

Grundy County Public Health (unpublished)

**Strategy-Type:** Professional/Provider-Focused

**Strategy-Type:** Community-Focused

**Who's Responsible:** Grundy County Memorial Hospital, UnityPoint Clinic Family Medicine-Conrad, Grundy Center, Reinbeck, MercyOne Reinbeck Family Medicine

**Who's Responsible:** Grundy County Public Health, Grundy County Community Partners

**Target Date:** August 1, 2023

**Target Date:** December 31, 2025



# Health Improvement Plan: Access to Healthcare

**Strategy 1.1-3:** Ongoing promotion of Iowa Northland Regional Transit Commission (RTC) and other public transportation services.

**Strategy Source and Location:**

Grundy County Public Health (unpublished), Grundy County Memorial Hospital,  
[About the RTC](#)

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Grundy County Memorial Hospital, Grundy County Community Partners

**Target Date:** December 31, 2025

**Strategy 1.1-4:** Ongoing promotion of healthcare services and partnerships available to county residents.

**Strategy Source and Location:**

Grundy County Public Health (unpublished)

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Grundy County Community Partners, Grundy County Memorial Hospital, UnityPoint Clinic Family Medicine - Conrad, Grundy Center, Reinbeck, MercyOne Reinbeck Family Medicine

**Target Date:** December 31, 2023

**Strategy 1.1-5:** Promote and update as needed the Grundy County Community resources Guide to support residents in navigating the healthcare system

**Strategy Source and Location:**

[Grundy County Public Health](#)

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health

**Target Date:** December 31, 2025

# Health Improvement Plan: Emergency Planning, Response, and Communication

## Goal One: Improve preparedness in all populations in Grundy County

### Alignment with National Plans:

Healthy People 2030 -  
Emergency Preparedness

### Alignment with State/Other Plans:

Healthy Iowans - Disaster  
Preparedness

**Objective 1.1: Grundy County Health will demonstrate the ability to plan for emergencies, respond, and effectively communicate to the public, task force teams, and emergency responders by 2027.**

Baseline Year: 2022

Baseline Value: TBD

Target Year: 2027

Target Value: TBD,  
Increased baseline

Data Source and Location: 2021 Grundy County Community Health Needs Assessment

**Strategy 1.1-1:** Ongoing work with state, regional, and local partners to manage the COVID-19 Pandemic (planning, response, communication)

**Strategy 1.1-2:** Ongoing training and education regarding emergency preparedness and disaster preparedness

#### Strategy Source and Location:

Grundy County Public Health (unpublished)

#### Strategy Source and Location:

Grundy County Public Health,  
Grundy County Emergency Management

**Strategy-Type:** Community-Focus

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health,  
Grundy County Pandemic Planning Task Force,  
Emergency Management

**Who's Responsible:** Grundy County Public Health,  
Grundy County Emergency Management,  
Grundy County Memorial Hospital,  
Grundy County Clinics

**Target Date:** December 31, 2027

**Target Date:** December 31, 2027

# Health Improvement Plan: Obesity, Nutrition, and Physical Activity

## Goal One: Educate Grundy County residents on healthy eating habits.

### Alignment with National Plans:

Healthy People 2030 - Nutrition and Healthy Eating

Healthy People 2030 - Overweight and Obesity

### Alignment with State/Other Plans:

Healthy Iowans - Healthy Living: Obesity, Nutrition, and Physical Activity

Healthiest State Initiative

### Objective 1.1: Decrease adult obesity in Grundy County from 34% in 2022 to 31% in 2025 as reported in the County Health Rankings and Roadmaps.

Baseline Year: 2022

Baseline Value: 35%

Target Year: 2025

Target Value: 31%

Data Source and Location: County Health Rankings

**Strategy 1.1-1:** Promote and support local farmer's markets and community gardens to increase awareness and access to fresh fruits and vegetables

#### Strategy Source and Location:

Healthy Hometown (unpublished, website or social media page in progress)

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Iowa State University Extension and Outreach, Grundy County Public Health, Grundy County Memorial Hospital, and Grundy Family YMCA

**Target Date:** May 1, 2022

**Strategy 1.1-2:** Partner with local organizations to increase nutrition education, counseling, and service referrals.

#### Strategy Source and Location:

Grundy County Public Health

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Grundy County Memorial Hospital

**Target Date:** December 1, 2022

**Strategy 1.1-3:** Develop and implement a nutrition education campaign in partnership with local organizations, social media, and outreach events.

#### Strategy Source and Location:

Grundy County Public Health

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Grundy County Community Partners, Grundy County Memorial Hospital, Grundy County Iowa State University Extension and Outreach, and Grundy County Family YMCA.

**Target Date:** December 1, 2022

**Strategy 1.1-4:** Provide nutrition education in the schools to promote healthy eating habits at a young age

#### Strategy Source and Location:

Iowa Department of Education School Wellness-Nutrition Education and Promotion

**Strategy-Type:** Demographic/Socioeconomic-Focus

**Who's Responsible:** Schools in Grundy County, Grundy County Iowa State University Extension and Outreach, Grundy County Memorial Hospital

**Target Date:** December 1, 2025

# Health Improvement Plan: Obesity, Nutrition, and Physical Activity

## Goal Two: Grundy County residents are physically active

### Alignment with National Plans:

Healthy People 2030 -  
Physical Activity

### Alignment with State/Other Plans:

Healthy Iowans - Healthy Living: Obesity, Nutrition, and  
Physical Activity

Healthiest State Initiative

### Objective 2.1: Decrease the percentage of adults age 20 and over in Grundy County who report no leisure-time physical activity from 24% to 20% in 2025.

Baseline Year: 2022

Baseline Value: 24%

Target Year: 2025

Target Value: 20%

Data Source and Location: County Health Rankings

**Strategy 2.1-1:** Encourage development and promote the use of trails, sidewalks, and community parks in Grundy County

#### Strategy Source and Location:

Grundy Center Wellness Committee, Healthy Hometown (Unpublished, website or social media page in process)

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Wellness Committee, Grundy County Conservation, Grundy County Family YMCA, Healthy Hometown

**Target Date:** May 1, 2025

**Strategy 2.1-2:** Utilize and promote existing statewide programs (the Iowa Healthiest State Initiative, Healthy Hometown, Live Healthy Iowa, Safe Routes to School Iowa-Walking School Bus).

#### Strategy Source and Location:

Grundy Center Wellness Committee, Healthy Hometown (Unpublished, website or social media page in process)

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Grundy County Iowa State University Extension and Outreach, Wellness Committee, Healthy Hometown, Grundy County Memorial Hospital, Grundy County Schools.

**Target Date:** December 31, 2025

**Strategy 2.1-3:** Continue to promote free community events/activities that focus on physical activity

#### Strategy Source and Location:

Grundy Center Wellness Committee, Healthy Hometown (Unpublished, website or social media page in process)

**Strategy-Type:** Community-Focus

**Who's Responsible:** Grundy County Public Health, Healthy Hometown, Wellness Committee, Grundy County Memorial Hospital

**Target Date:** September 1, 2023

**Strategy 2.1-4:** Continue educational programming in schools that focuses on physical activity to educate at an early age.

#### Strategy Source and Location:

Grundy County Public Health (unpublished)

**Strategy-Type:** Community-Focus

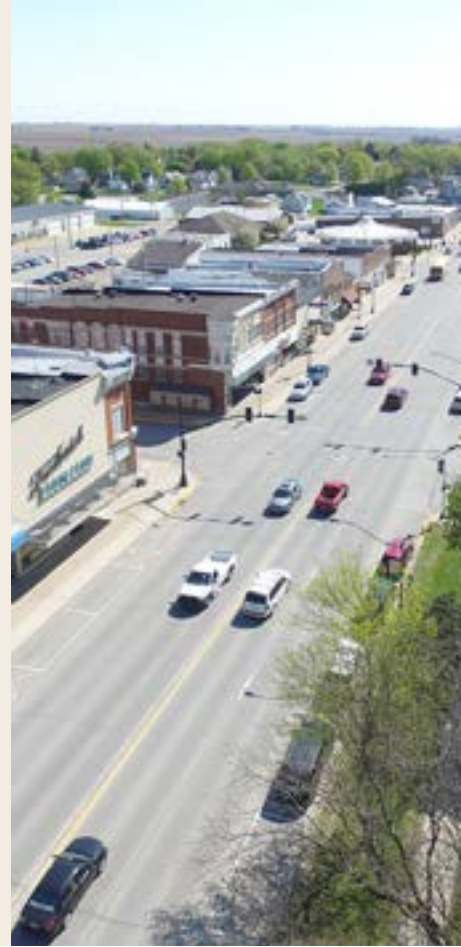
**Who's Responsible:** Grundy County Public Health, Grundy County Schools.

**Target Date:** January 1, 2022

# Acknowledgments & References

Grundy County Public Health wants to thank the following organizations, community stakeholders, and students who provided assistance, communication, information, and input in to the GCPH CHNA:

- Grundy County Board of Supervisors
- Grundy County Community Partners Group
- Grundy County School Districts
- Grundy County Memorial Hospital
- Grundy County Law Enforcement
- Grundy Center Wellness Committee
- Grundy County Community Members
- The Grundy Register
- Sun Courier
- The Faith Communities of Grundy County
- University of Nebraska Medical Center, College of Public Health Students:
  - Alexa Hach, Doctorate in Public Health (DrPH) Student
  - Anna Norton, Master of Public Health (MPH) Student
  - Kalynn Palmisano, MPH Student
  - Summer Woolsey, MPH Student



CGPH Office Coordinator, Michelle VanDeest (left), presents a check to Danielle Husmann (right) of Dike, winner of the GCPH's COVID-19 vaccine incentive program.

## References:

- <https://www.countyhealthrankings.org/>
- <https://www.census.gov/>
- <https://nami.org/Home>
- <https://www.iowaaces360.org/>
- <https://idph.iowa.gov/>
- <https://www.rwjf.org/>
- <https://health.gov/healthypeople>
- <https://www.mentalhealthfirstaid.org/>
- <https://www.unitypoint.org/grundycounty/article.aspx?id=2e8cf4ea-ad2c-4df3-996f-39effe61bac>
- <http://www.iowahealthieststate.com/>
- [https://educateiowa.gov/pk-12/nutrition-programs/school-wellness#Nutrition\\_Education\\_and\\_Promotion](https://educateiowa.gov/pk-12/nutrition-programs/school-wellness#Nutrition_Education_and_Promotion)

# Contact Information

## About Grundy County Public Health

The Grundy County Public Health office provides public health education, resources and services to Grundy County. The public health office receives federal, state and county funding to support these programs and services. Services include: individual and group teaching and information; communicable disease investigation, follow-up, and prevention education; school health programs; emergency preparedness; substance abuse prevention; child passenger safety; injury prevention programs and education.

Information and referrals to community services is also provided. The agency is a member of Grundy County Community Partners. Grundy County Public Health works actively with county emergency management, law makers, county decision and policy makers, and other community partners to strengthen public health preparedness in the event of a natural disaster or act of terrorism. Grundy County Public Health oversees the county's Medical Reserve Corps, a group of volunteers which can be utilized, as needed, in such events.

The Grundy County Board of Health is appointed by the Board of Supervisors as the policy making board of the public health department.

Grundy County Public Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

## Grundy County Public Health

706 H. Ave

Grundy Center, IA 50638

Phone (319) 824-6312

Fax (319) 824-5469

[GCPH Website](#)

### Follow Us!



The Grundy County Annex Building is the home to Grundy County Public Health.

