

LIVE HEALTHY GRUNDY COUNTY PROCLAMATION

WHEREAS The American obesity crisis and health-related problems associated with obesity and inactivity are issues that demand each community take action;

WHEREAS leaders from across Grundy County recognize the importance of establishing a county-wide wellness coalition to implement the ultimate goal for Grundy County to be regarded as the healthiest county in Iowa

WHEREAS Live Healthy Grundy County's 100 Day Wellness Challenge offers hope through increased physical activity and healthier nutrition choices;

THEREFORE, We, Members of the Grundy County Board of Supervisors do hereby endorse a County-wide coalition for proclaim the dates January 18 - April 27, 2011 as the time to begin to practice LIVE HEALTHY GRUNDY COUNTY and we do hereby urge 1,200 or more citizens of Grundy County from all businesses, schools, churches and civic organizations interested in living a healthier life through healthy nutrition and activity choices unite together to make Grundy County the healthiest county in Iowa.

Signed this 20th day of December, 2010.

Mark Schildroth Mark A. Schildroth

Barbara Smith Barbara L. Smith

Charles Bakker Charles Bakker

Jim Ross James Ross

Harlyn Riekema Harlyn Riekema

(SEAL)

